

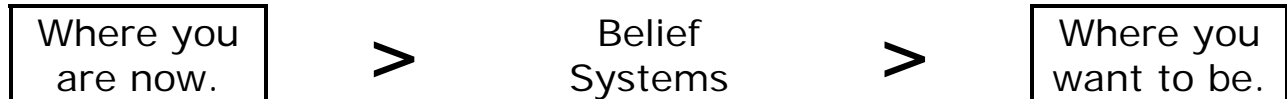


Belief Systems

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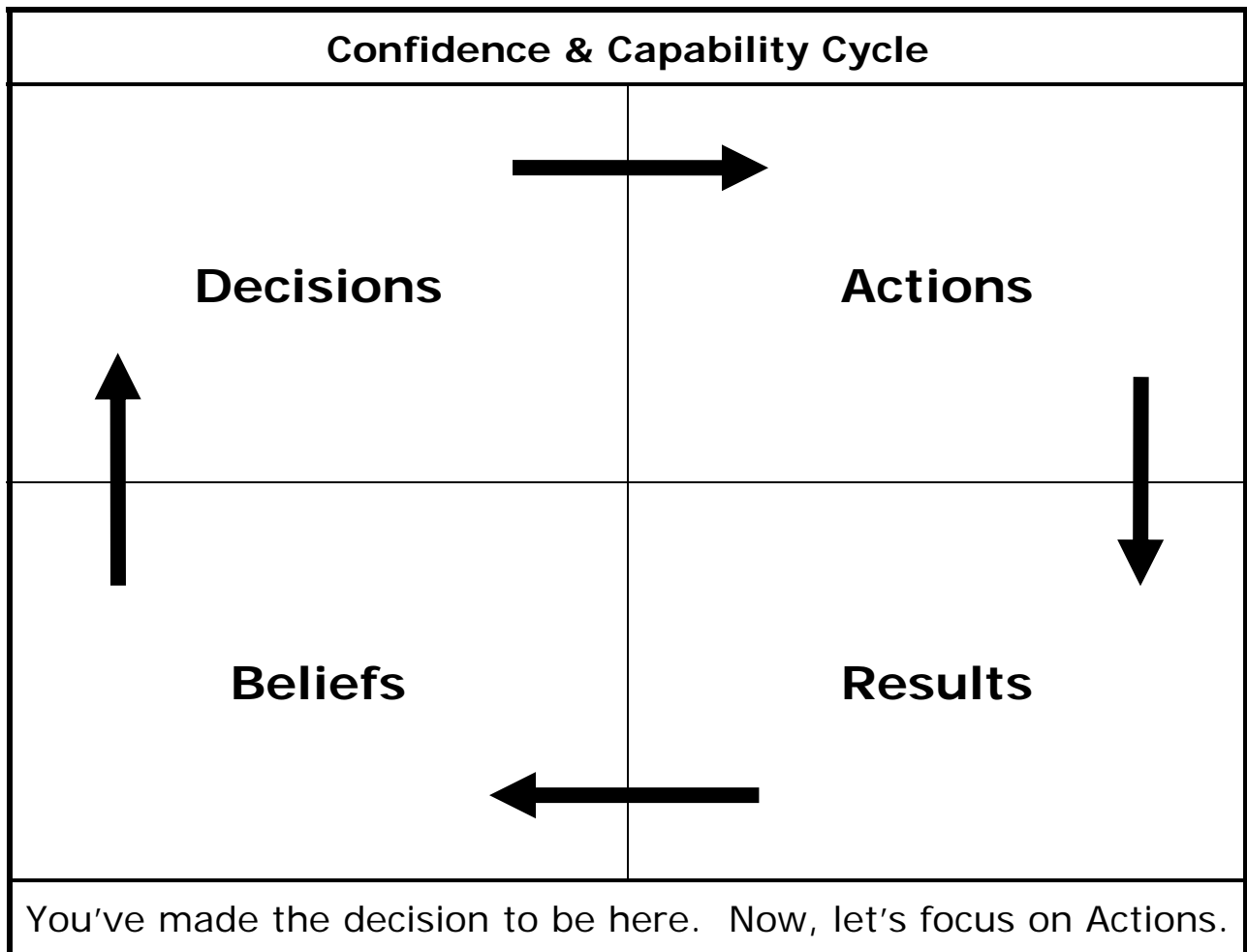
Belief Systems define what's "possible".

- First in history, Roger Bannister broke the 4-minute mile on May 6, 1954.



How to adjust your Belief Systems

- You can start in any quadrant you like, as long as you go in the right direction.
- Take "baby steps" to ensure a pattern of success, building your confidence.



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